

THIS ISSUE

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Delta Digest

A MONTHLY PUBLICATION FOR THE PERSONNEL AND FAMILIES OF
NAVELSG FORWARD HEADQUARTERS AND PORT GROUP DELTA

CO's Call

*CDR John W. Perrett Jr., SC, USN is the
Commanding Officer for Port Group Delta.*

The “scuttlebutt” is starting to pick up as we pass the half-way mark of our deployment. As we begin to head downhill, everyone is starting to get excited, and I am sure your families and friends are also.

That being said, let's take a moment to discuss what brought us this far. We have avoided any major injuries or accidents to people or equipment by focusing on the

task at hand, day in and day out. Everyone has done a superb job accomplishing the mission and watching out for our shipmates.

“ It only takes a second for a situation to change from routine to dangerous.”
CDR JOHN PERRETT

Warning! Previous Groups have experienced issues at this point in their deployment. Now is not the time to grow complacent.

One way to help you focus is to take “one day at a time.” Get the

See CO's Call page 2



HEALTH WATCH - Good habits can protect everyone. from spreading germs. Simple steps such as covering your mouth and nose when coughing or sneezing and washing your hands often can help to prevent illness and reduce sick days.



Command Master Chief's Corner

BMCM David Liles is the Command Master Chief for Port Group Delta.

Co's Call continued

job done by keeping your head in the game. It only takes a second for a situation to turn from routine to dangerous. That is especially true while traveling on the local highways. When traveling, always be a "defensive driver." Do not increase the hazard by contributing to it.

Let me stress again the need to keep the communications flowing up and down the chain of command.... it is a key to our collective success. Thanks again for your hard work and service to our country. I'm proud to serve with you!

As we near the halfway point of our deployment, I think it is a good time to stop for a minute and refocus. We need to always be mindful of potential accidents. Safety should be our first consideration for each and every evolution. We need to ask ourselves – what could go wrong? How likely is it? What steps can we take to prevent those things from going wrong? So far, we haven't had any major safety mishaps, but we have had some close calls. I urge everybody to take this opportunity to recommit to a safe second half of the deployment.

The halfway point is also a good time to reassess where you are on achieving your individual goals. Are you on track, ahead of schedule, or behind schedule? I know that there are several people who have made tremendous strides in improving their level of physical fitness. There are some people who

never ran more than a mile and a half before they left home, and now they're running 10K road races. Others couldn't pass the PRT before we left home, and now can pass with a score of excellent or higher. If you are not one of those people, you might need to turn up the intensity meter a level or two.

I would like to thank all the subject matter experts who are putting a tremendous amount of effort into preparing study materials that will help their shipmates prepare for advancement exams. Most of this effort is occurring on these individuals' non-duty days. Lots of people are taking advantage of these study sessions, and I have no doubt that these efforts will pay off with increased advancements.

Finally, I would like to close by referring to something that I believe we all lose sight of at times. That is the importance of "followership." Good followers enhance a leader's ability

“ Good followers enhance a leaders ability to be a good leader.”

BMCM DAVID LILES

NOTICE: Birthdays and Special Announcements



JUNE/JULY BIRTHDAYS

SKSN	AGBAI, UDEAGHA
SK2	CHARKOSKY, PEGGY
BM1	COCKRELL, CHARLES
SK3	DAVIS, KIMBERLY
BM1	ENGLAND, RONALD
BM1	GEPFERT, MELINDA
BM2	JONES, MICHELLE
SK2	KENNEDY, THERESE
CM3	LAMONICA, STEVEN
BM2	LITTLE, EDMOND
IT1	MARTIN, STEVEN
BM2	MAYO, JOSHUA
SK2	MORAN, MELISSA
GM2	RODRIGUEZ, ENRIQUE
SR	TAYLOR, TERRENCE
SK2	WILLIAMS, STEVEN
YN3	WOODARD, SHANNON
EO1	MOTT, LAURIE
LCDR	MUNTEAN, KAREN
GM2	PEMBERTON, JASON
SK2	ROGERS, NORMAN
SN	SISNEROS, DESIREE

See CMC page 3

Track Improvement

By LCDR Karen Muntean

When Boatswain's Mate First Class Ronald England first went to the running track here on base to get some exercise, he found a track that was overgrown with weeds, and much in need of improvement. He not only wanted to improve the track for the soldiers and sailors living on the base, but he also wanted to restore a track that was used for training the by the Kuwait Olympic Swim team prior to the Iraqi invasion of 1990.

After getting clearance to work on the track, BM1 England set out armed with a Polaris ATV, a chain link fence lined with sand bags and a vision of how the track could look with a little bit of TLC. He uprooted trees that had grown on the track, and he filled up a dumpster with discarded trash and old equipment. He scraped the surface of the track with his improvised grater, and he opened up all running lanes. As a result of his efforts, the track is as good as new, and back in service!

"It feels great knowing that a few hours of my time will make this track and field a great place to come to and exercise or just relax for years to come," said England.

BM1 England's efforts were recognized by the base Port Operations Officer, Lt Col Hussain, KN, and Lt Col Tim V. Henke, USAF, the base commander. Lt Col Henke gave BM1 England an Air Force Command Coin in recognition of BM1's efforts.

BRAVO ZULO
"Boats!"

CMC continued

to be a good leader. It's okay to voice concerns or dissent when something is in the discussion stage, but once a decision has been made, it is imperative that members of the team support that decision, if we expect to ever be better than mediocre. Winning teams are made of members who realize that it's not about "me," but it is about "we."



Original running track.



BM1 England hard at work!.



Project completed!

Volley Ball Court Gets A Face Lift

and morale of the personnel living in camp!

The Sailors of Port Group DELTA, as well as our compatriots in our sister services, have limited options for entertainment when we're not working – not that there is a lot of time when we AREN'T working! Fortunately, the Department of Defense (DoD) is committed in its support of Morale, Welfare and Recreation (MWR) facilities and activities in support of its deployed forces. At our camp here in Kuwait, Air Force and DoD civilian MWR specialists organize and manage extensive MWR facilities and operations. However, many improvements in the quality and availability of MWR fitness, movies, and recreation programs are being achieved through non-profit donations and local military volunteers.

One such volunteer project was initiated by DELTA's own SKC Howard Aulsbrook in order to improve a volley ball court within the camp. The volleyball court is one of the most popular and widely used MWR facilities in camp. As a result of this extensive use, it was in desperate need of a face-lift when we arrived. The sand court, which was once

soft and forgiving, had become hard packed in many places. Additionally, the court was surrounded by a low wall of sand bags, which resulted in many twisted and sprained ankles of unsuspecting volleyball players running after errant shots near court edge.

In a coordinated effort between the Air Force and the sailors of DELTA, the volley ball court was completely overhauled. The net was taken down, and the wall of sandbags was removed. DELTA's own BMCS Kevin McGrath, a heavy equipment operator in his civilian life, then went over the court in a bulldozer provided by the DELTA Seabees, breaking up the hard-packed sand. The court was then lined with a very low barrier of sand bags, and the new surface of fresh, soft sand was raked and smoothed out resulting in a volleyball court that would rival the best beach volleyball courts along the coasts of the good ol' U. S. of A!

BRAVO ZULU to SKC Aulsbrook, BMCS McGrath, and the rest of the DELTA Sailors who contributed to this effort to improve the safety



FORWARD DEPLOYED

*The truth of the matter is that you always know
the right thing to do. The hard part is doing it..*
--General Norman Schwarzkopf





SK1 Mitchell smiles as he gives his all during the final leg of the 4th of July 5k/10k run.



RADM Tomlin getting down at the ho' down during his recent visit with the sailors.



SK1 Sawyer tries to ignore the pizza call during his 50th Birthday celebrated with members of the headquarters staff.



CM2 West gives a local child a piggy back ride during an MWR trip.



BM2 Nunez prepares a vehicle for re-deployment at the Rinse Rack.



BM1 Tinyanoff, BM3 Housch, and BM2 Warren revel in the 4th of July festivities.



CDR Rooney, CDR Brown, and CAPT Livingston receive a tour of the Defense Logistics Agency warehouse.



All smiles as the Washington Redskins cheerleaders meet with the Chief's Mess.



IT1 Martin assists with line handling as a cargo ship arrives at its berth.



Hatch Captain BM1 Dixon tries to stay hydrated as he supervises the cargo operations.



BM2 Barnett gives BM1 England a pass down during a cargo loading operation shift change.



CAPT Livingston briefs RDML Lemmons during a recent visit.



BM1 England and SKCS Moulton install an office divider in the Training office.

BMCS Bryant receives an autographed football from Louisiana State football Coach Les Miles.





SK1 Daniel is all smiles when retired University of South Carolina football Coach Lou Holtz hugs her.



SK2 Crawford, GM2 Oner, and GM2 Wilson try to decide who has the biggest.



Reserve Force Master Chief Pennington and NAVELSG Command Master Chief Rummel share a laugh during their recent visit with the sailors.



The best WWE Diva smile winner is...EO1 Metzmaker.



SURPRISE! SK2 Tucker meets with PS2 Coutney, a deployed full time support (FTS) staff member from NOSC Chattanooga, during improvised explosive device (IED) training.



SN Franks show off his forklift skills.

THANK YOU! BIRMINGHAM VA HOSPITAL



Port Group Delta members sort through care packages sent by the Birmingham VA Hospital.



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